



Health Literacy Research Conference



PRESENTED BY UCLA'S STUDENT WELLNESS COMMISSION

SUNDAY, MARCH 12, 2023

9:30 a.m. - 3:30 p.m.

CARNESALE COMMONS

9:30-10 a.m.

Registration is open & breakfast is available!

ROOM NAME: PALISADES

10-10:10 a.m.

Introductions by SWC Organizers

ROOM NAME: PALISADES

10:10-10:45 a.m.

Keynote Speaker - Dr. Chaitali Mukherjee

ROOM NAME: PALISADES

10:55-11:40 a.m.

Workshop Session I

NATIONAL COALITION AGAINST PRESCRIPTION DRUG ABUSE (NACPDA)

ROOM NAME: PALISADES

STUDENT HEALTH EDUCATION & PROMOTION (SHEP) AND DIVERSWC

ROOM NAME: VENICE A & B

STUDENT HEALTH ADVISORY COMMITTEE (SHAC)

ROOM NAME: HERMOSA A & B

11:45-12:30 p.m.

Panel Discussion

ROOM NAME: PALISADES

12:30-1:30 p.m.

Lunch

ROOM NAME: PALISADES

12:30-1:30 p.m.

Research Poster Presentations

ROOM NAME: CARNESALE COMMONS 2ND FLOOR



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CARNESALE COMMONS

**1:30-1:55
p.m.**

Workshop Session 2 - Round 1

SWC PLANNED PARENTHOOD
ROOM NAME: PALISADES
BRUINECESSITIES AND DAYS FOR GIRLS
ROOM NAME: VENICE A & B
SWC CPR/FIRST AID
ROOM NAME: HERMOSA A & B
CALIFORNIA HEALTH PROFESSIONAL STUDENT
ALLIANCE (CaHPSA)
ROOM NAME: MALIBU

2-2:30 p.m.

Workshop Session 2 - Round 2

SWC PLANNED PARENTHOOD
ROOM NAME: PALISADES
BRUINECESSITIES AND DAYS FOR GIRLS
ROOM NAME: VENICE A & B
SWC CPR/FIRST AID
ROOM NAME: HERMOSA A & B
CALIFORNIA HEALTH PROFESSIONAL STUDENT
ALLIANCE (CaHPSA)
ROOM NAME: MALIBU

2:35-3 p.m.

Health Literacy Summit

ROOM NAME: PALISADES

3-3:30 p.m.

Closing Ceremony

ROOM NAME: PALISADES

3:30-4 p.m.

[OPTIONAL] Post-Function Networking

ROOM NAME: PALISADES



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Meet our Panelist Speakers!



Dr. Mopelola Adeyemo

CLINICAL INSTRUCTOR WITHIN THE DIVISION OF CLINICAL NUTRITION AT UCLA



Tucker Avra

FOURTH YEAR MEDICAL STUDENT AT DAVID GEFEN SCHOOL OF MEDICINE
THE DIRECTOR OF HARM REDUCTION OF LOS ANGELES (HRLA)



Dr. Maliha Khan

LGBTQ+ HEALTHCARE FELLOW FOR 2022-2023



Deborah Glik

PROFESSOR IN THE DEPARTMENT OF COMMUNITY HEALTH SCIENCES AT THE UCLA FIELDING SCHOOL OF PUBLIC HEALTH

Meet our Keynote Speaker!



Dr. Chaitali Mukherjee

INTERNAL MEDICINE SPECIALIST
OVERSEES THE UCLA ARTHUR ASHE STUDENT HEALTH AND WELLNESS CENTER



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Workshop Session 1

National Coalition Against Prescription Drug Abuse (NCAPDA)

FOUNDER/CEO OF NCAPDA, APRIL ROVERO, WILL BE HOSTING A WORKSHOP ON NARCAN (NALOXONE) TRAINING AND THE DEVASTATING STATISTICS ABOUT NARCOTIC ABUSE AND HOW WE CAN HELP FIX THIS ISSUE.

Student Health Education & Promotion (SHEP) and DiverSWC

DIVERSWC'S WORKSHOP WILL BE FOCUSED ON THE INTERSECTION BETWEEN DIVERSITY, EQUITY, AND INCLUSION AND HEALTH.

SHEP'S WILL FOCUS ON PROVIDING A GLIMPSE INTO THE LIFE AND STRUGGLES OF STUDENT WORKERS.

Student Health Advisory Committee (SHAC)

SHAC WILL PROVIDE ADVICE ON HOW TO NAVIGATE THE CONFUSING WORLD OF ASHE CENTER. HOW TO NAVIGATE THEIR OPTIONS AND FIGURE OUT WHAT THEY WANT. THERE WILL BE PLENTY OF INFORMATION ON WHAT IS AVAILABLE AT THE ASHE CENTER AND CAPS, INCLUDING RESOURCES THAT STUDENTS MIGHT NOT KNOW ABOUT!

Workshop Session 2 : Round 1

SWC Planned Parenthood

THIS WORKSHOP WILL BE FOCUSING ON THE CLINICAL SERVICES PROVIDED BY PLANNED PARENTHOOD AND WILL COVER THE TESTING TIME WINDOWS FOR STI AND PREGNANCY TESTS, AS WELL AS THE VARIOUS CONTRACEPTION METHODS AVAILABLE IN GENERAL AND SPECIFICALLY THROUGH PLANNED PARENTHOOD.

BruNecessities and Days for Girls

THE HISTORICAL TABOO SURROUNDING MENSTRUATION HINDERS ACCESS TO LEARNING HOW TO SAFELY AND PAINLESSLY MENSTRUATE. THIS WORKSHOP WILL BE DISCUSSING HOW MENSTRUAL STIGMA CONTRIBUTES TO INDIVIDUALS HIDING THEIR PAIN, AS WELL AS SIGNS TO SEEK MEDICAL ATTENTION DUE TO COMPLICATIONS WITH MENSTRUAL PAIN.



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Workshop Session 2: Round 1 (con't)

SWC CPR/First Aid

WHAT DO YOU DO WHEN YOU FIND SOMEONE UNCONSCIOUS? HOW DO YOU STOP A BLEED? THESE ARE ALL QUESTIONS THAT WILL BE ANSWERED BY AN INTRODUCTORY COURSE ON FIRST AID. HOSTED BY UCLA STUDENTS, YOU WILL LEARN THE BASICS OF FIRST AID AND HOW TO DEAL WITH SIMPLE INJURIES AND MEDICAL EMERGENCIES.

California Health Professional Student Alliance (CaHPSA)

THIS WORKSHOP WILL PROVIDE AN INTRODUCTION INTO OBTAINING AND USING HEALTH INSURANCE WITH A FOCUS ON HEALTH LITERACY AND ADVOCACY OF THE STUDENTS.

Workshop Session 2 : Round 2

SWC Planned Parenthood

THIS WORKSHOP WILL BE FOCUSING ON THE SOCIAL ISSUES SURROUNDING REPRODUCTIVE HEALTH AND INITIATING DISCUSSION ON HOW SOMEONE'S INTERSECTIONAL IDENTITY (RACE, SOCIOECONOMIC STATUS, GENDER) AFFECTS THEIR ACCESS TO REPRODUCTIVE HEALTHCARE. WE WILL BE DIVING INTO THE TOPIC OF PURITY CULTURE AND SEXUAL STIGMA WITHIN THE U.S. IN ORDER TO EXPLORE HOW SOCIAL AND CULTURAL FACTORS AFFECT PEOPLE'S ACCESS TO REPRODUCTIVE HEALTHCARE.

Bruinecessities and Days for Girls

SEE WORKSHOP SESSION 1: ROUND 1

SWC CPR/First Aid

SEE WORKSHOP SESSION 1: ROUND 1

California Health Professional Student Alliance (CaHPSA)

SEE WORKSHOP SESSION 1: ROUND 1

